

PROCLAMATION OLDER AMERICANS' MONTH

WHEREAS, Rutherford County is committed to ensuring that all residents can age with dignity, independence, and purpose in their homes and communities; and

WHEREAS, older adults are valued members of Rutherford County who contribute their knowledge, time, and experience through volunteering, civic engagement, and strengthening families across generations; and

WHEREAS, Rutherford County continues to experience growth in its older adult population, increasing the importance of accessible services, nutrition programs, transportation, and opportunities for social connection; and

WHEREAS, the **Rutherford County Senior Center** plays a vital role in supporting older adults through programs and services that promote health, independence, and community engagement; and

WHEREAS, promoting the health and well-being of older adults is essential to maintaining independence and enhancing quality of life; and

WHEREAS, **Older Americans Month 2026**, with the theme “**Champion Your Health**,” encourages older adults to take charge of their well-being through physical activity, proper nutrition, preventive care, and meaningful social engagement; and

WHEREAS, Rutherford County remains committed to fostering an age-friendly community where older adults are supported, respected, and empowered;

NOW, THEREFORE, BE IT PROCLAIMED, that the **Rutherford County Board of Commissioners** hereby designates **May 2026** as “**Older Americans Month**” in Rutherford County and encourages all citizens to recognize and celebrate the contributions of older adults in our community.

ADOPTED, this 4th day of May, 2026.

Bryan A. King, Chairman

ATTEST:

Clerk, Board of Commissioners



COUNTY COMMISSIONERS

Bryan King, *Chairman* | Alan Toney, *Vice Chairman* | Michael Benfield | Hunter Haynes | Donnie Haulk
Steve Garrison, *County Manager* | Hazel S. Haynes, *Clerk to the Board* | Richard Williams, *County Attorney*