

# 2024 COMMUNITY HEALTH SURVEY

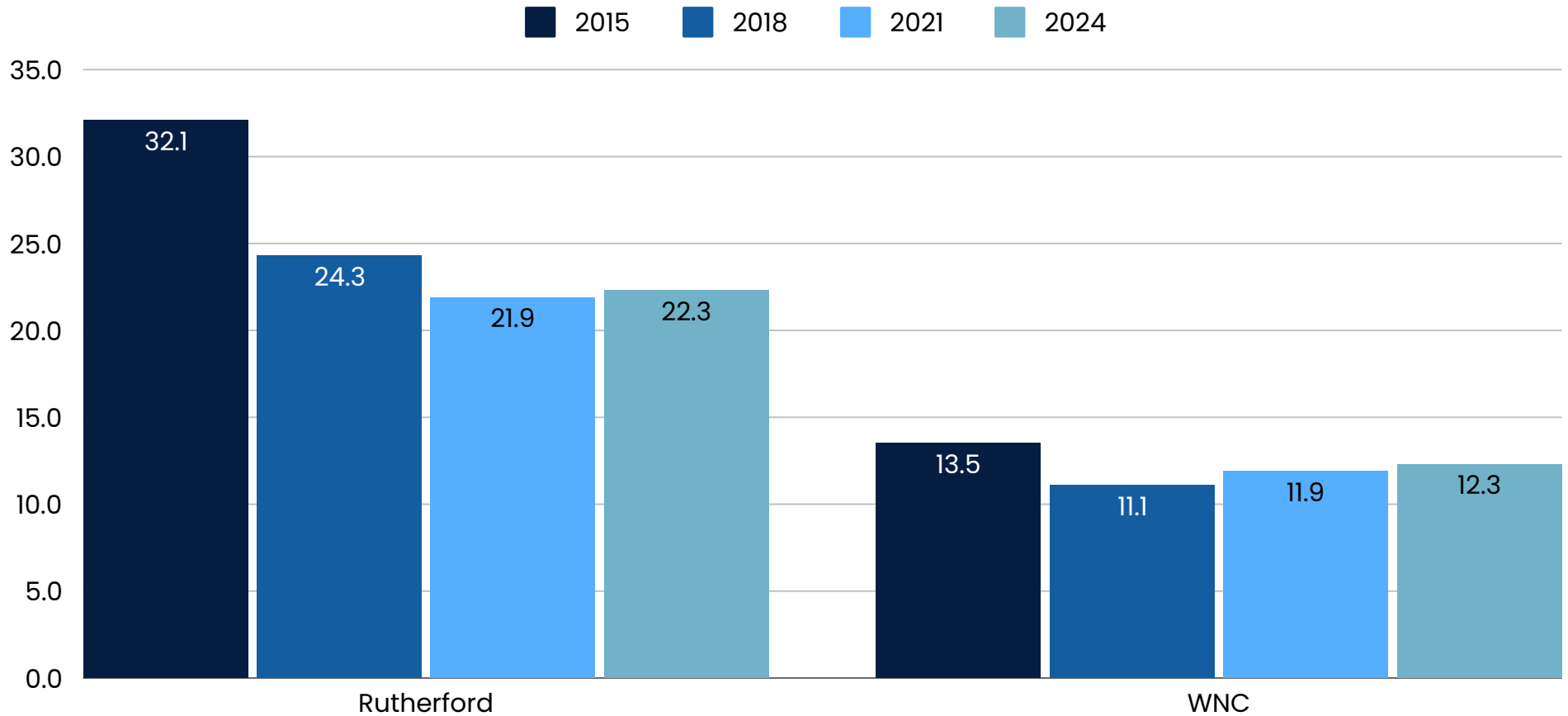
Rutherford County





# QUALITY OF LIFE

# County Is a “Fair/Poor” Place to Live (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 5]

Notes: Asked of all respondents.

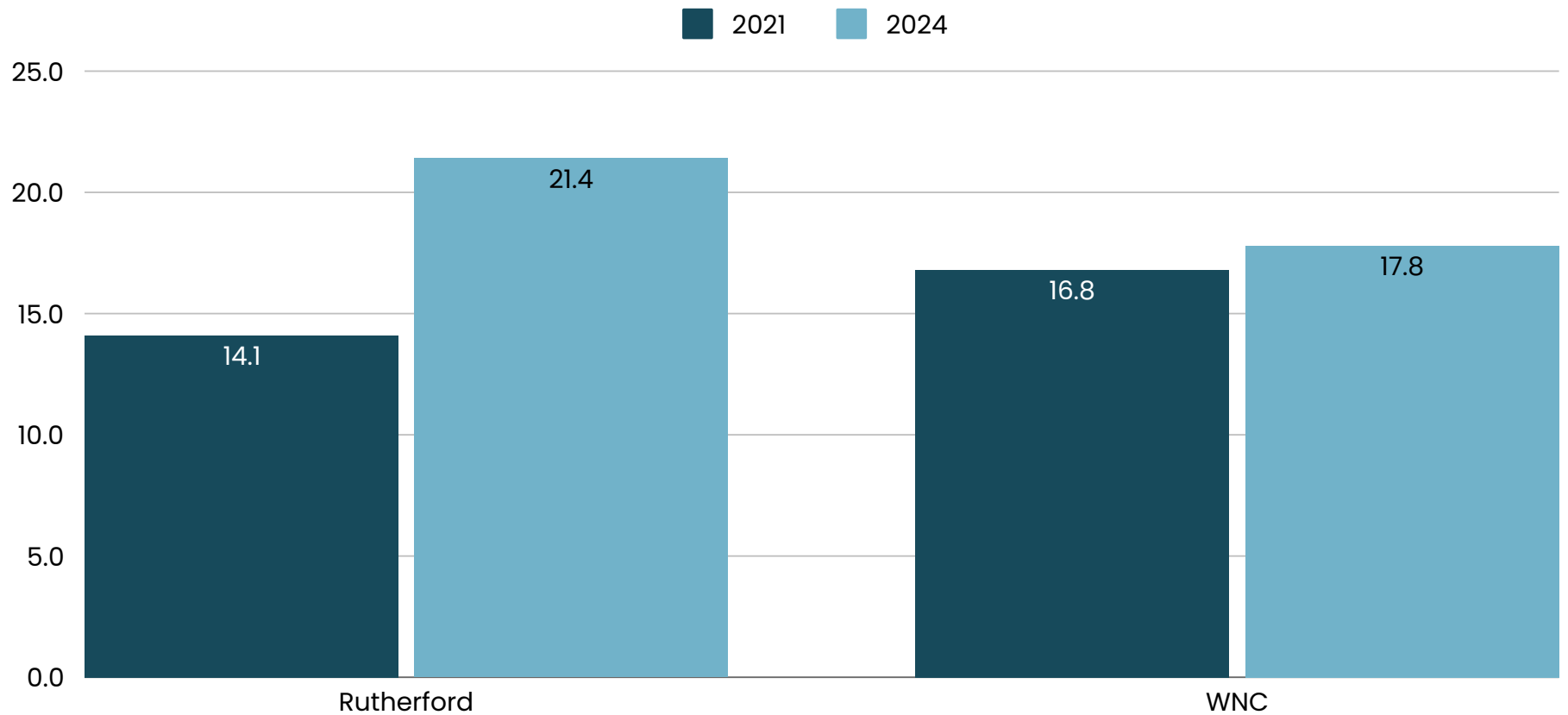
# **SOCIAL DETERMINANTS OF HEALTH**





# EQUITY

# Disagree That the Community Is a Welcoming Place for People of All Races and Ethnicities (“Disagree” or “Strongly Disagree” Responses; By County)



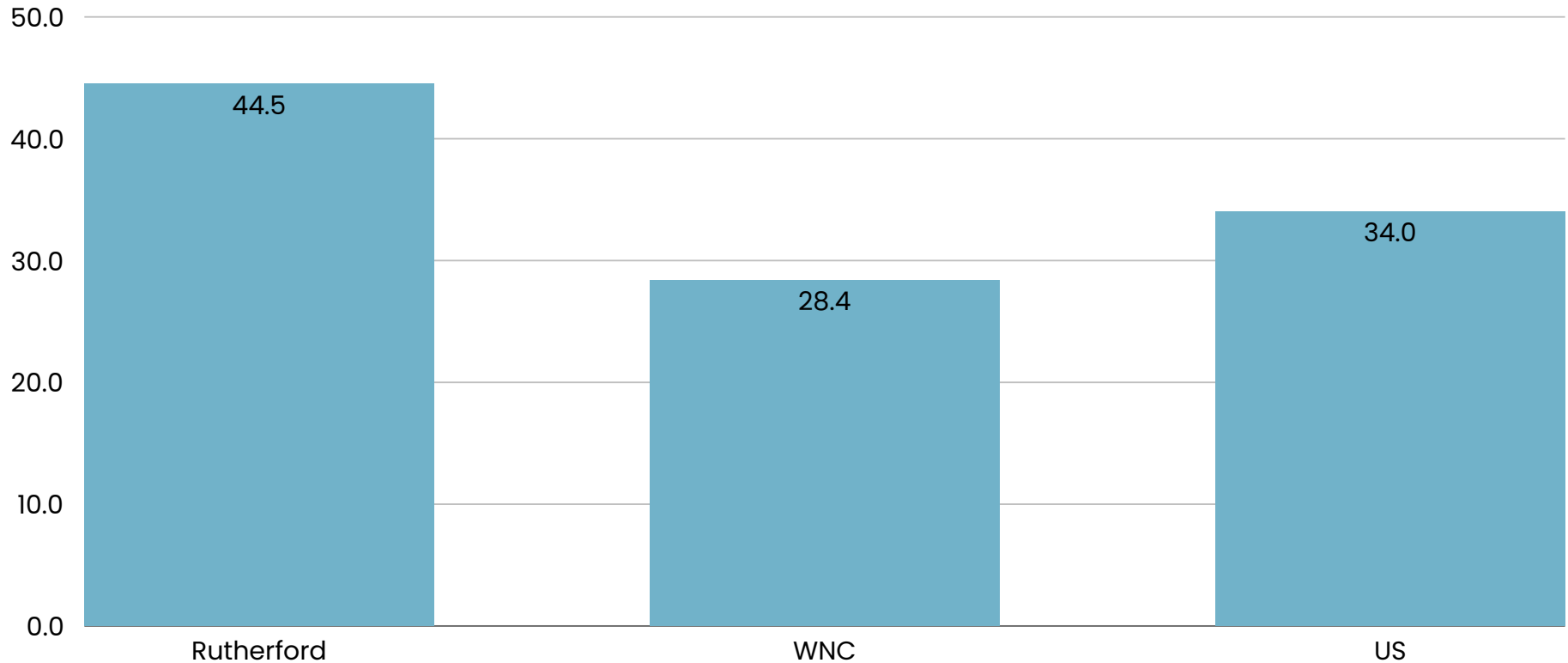
Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 75]  
Notes: Asked of all respondents.





# FINANCIAL RESILIENCE

# Do Not Have Cash on Hand to Cover a \$400 Emergency Expense (By County, 2024)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 37]  
2023 PRC National Health Survey, PRC, Inc.

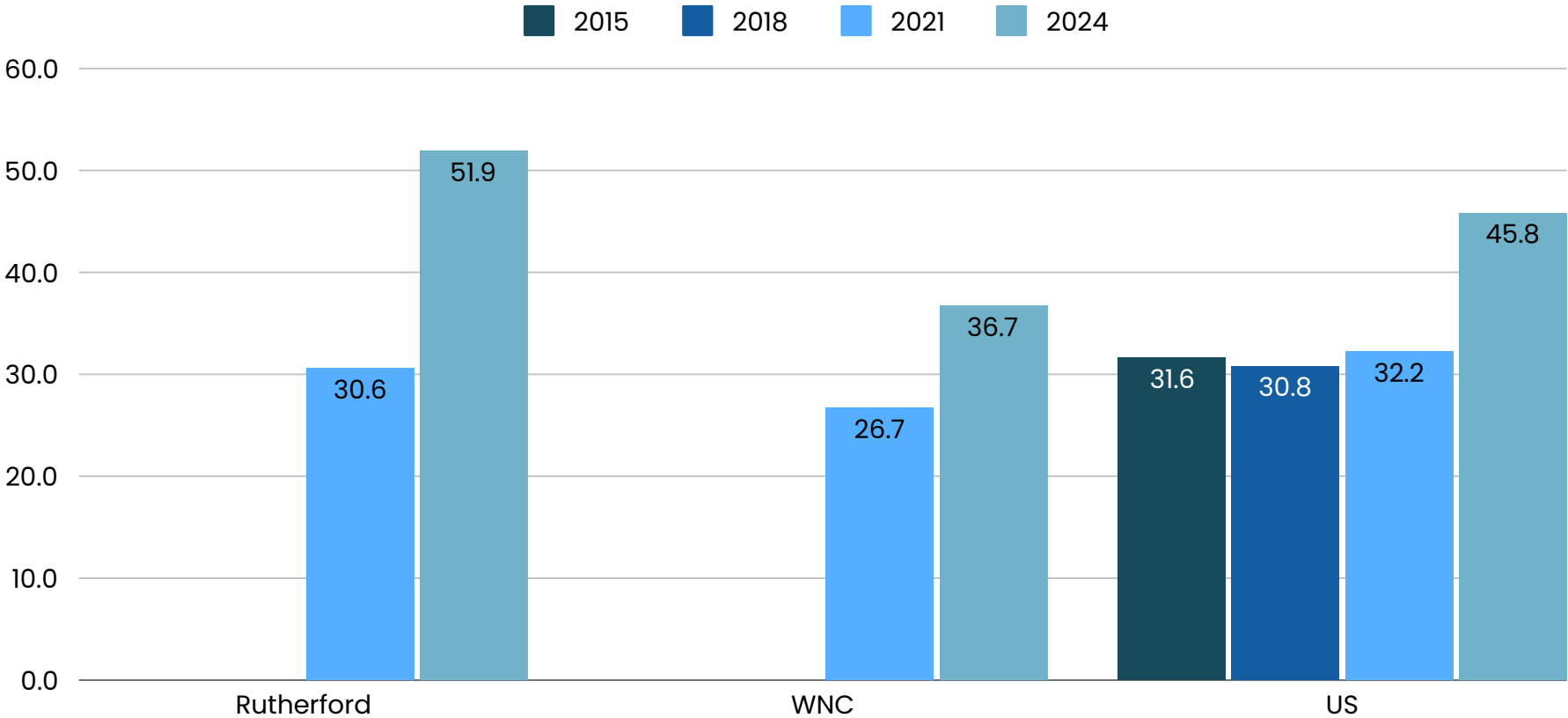
Notes: Asked of all respondents.

Includes respondents who say they would not be able to pay for a \$400 emergency expense either with cash, by taking money from their checking or savings account, or by putting it on a credit card that they could pay in full at the next statement.



# HOUSING

# “Always/Usually/Sometimes” Worried About Paying Rent/Mortgage in the Past (By County)

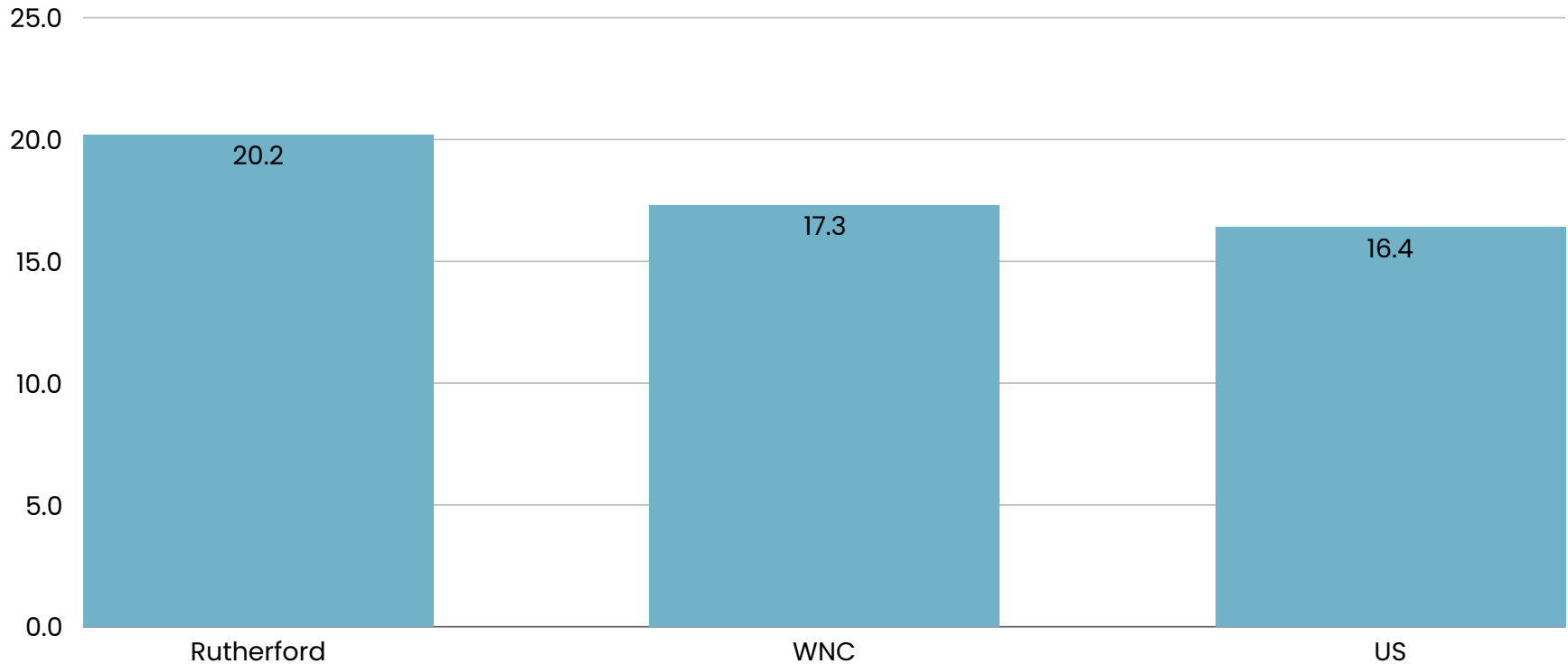


Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 38]  
2023 PRC National Health Survey, PRC, Inc.  
Notes: Asked of all respondents.





# Unhealthy or Unsafe Housing Conditions in the Past Year (By County, 2024)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 39]  
2023 PRC National Health Survey, PRC, Inc.

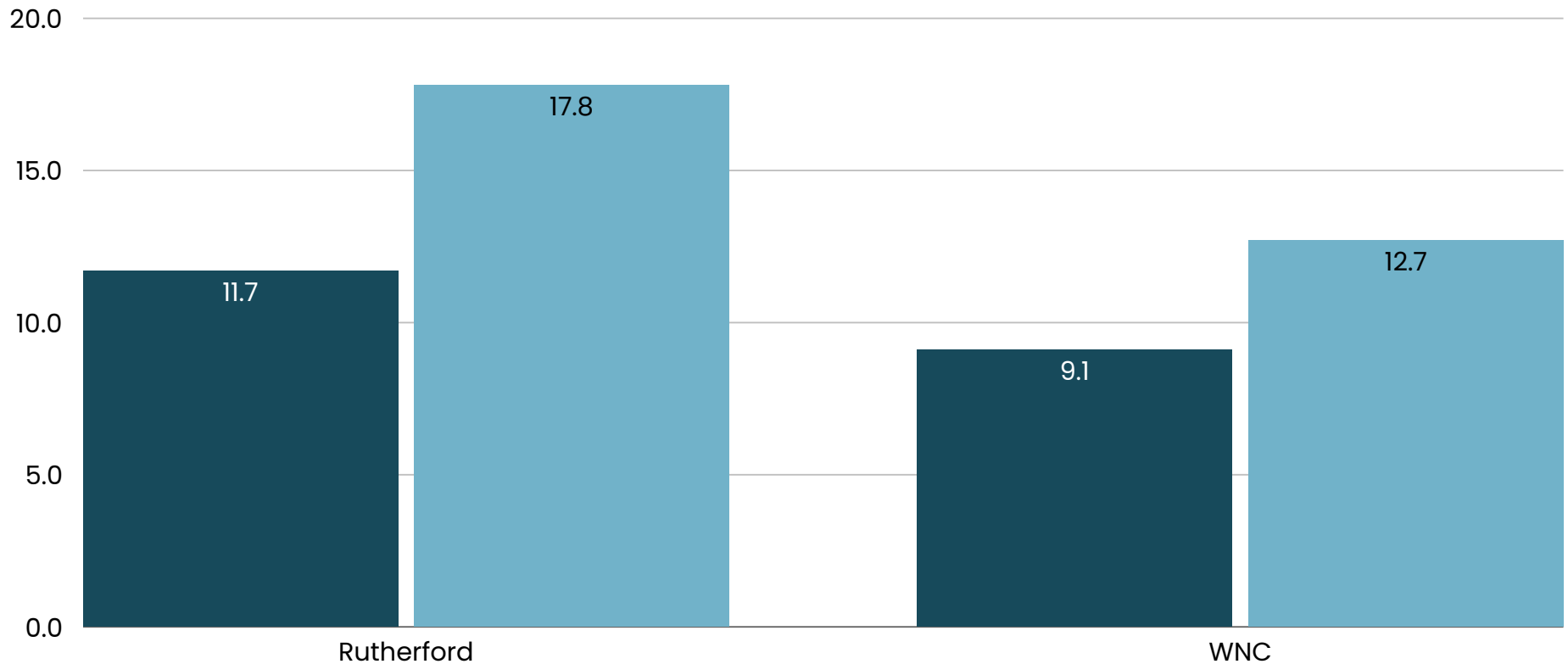
Notes: Asked of all respondents.

Includes respondents who say they experienced ongoing problems in their current home with water leaks, rodents, insects, mold, or other housing conditions that might make living there unhealthy or unsafe.



# Have Had to Live With a Friend/Relative in the Past Three Years Due to a Housing Emergency (By County)

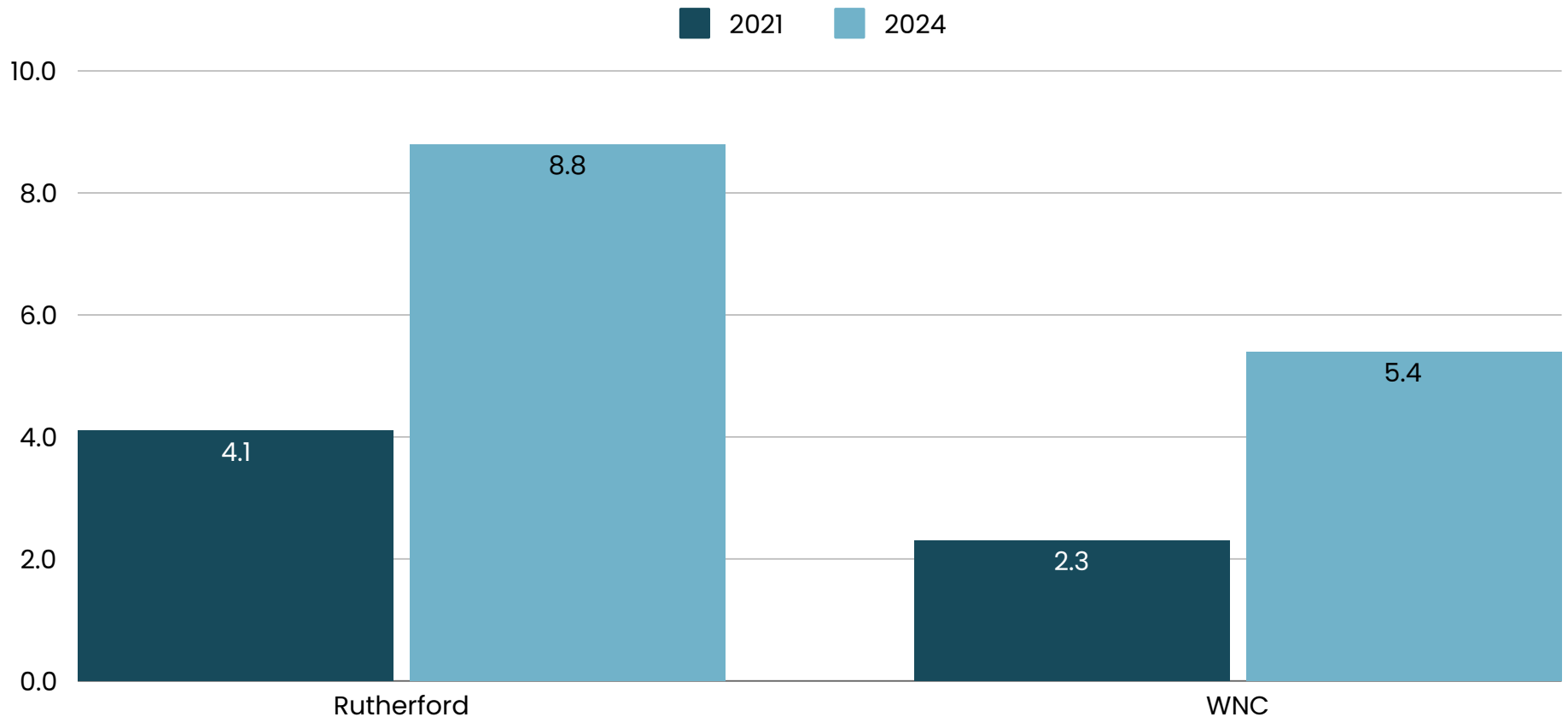
2021 2024



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 41]  
Notes: Asked of all respondents.



# Lived on the Street, in a Car, or in a Temporary Shelter in the Past Three Years (By County)

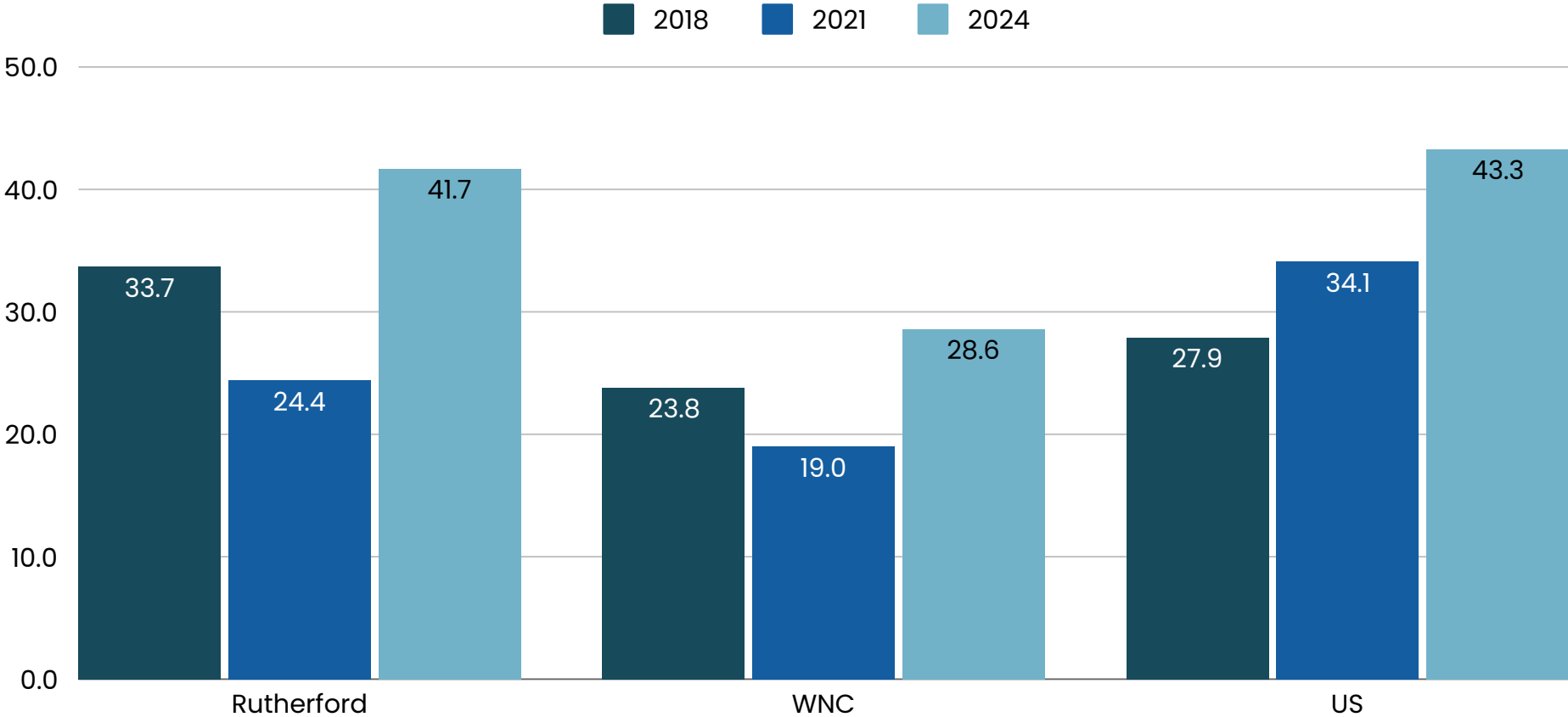


Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 42]  
Notes: Asked of all respondents.



# FOOD INSECURITY

# Food Insecurity (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 77]  
2023 PRC National Health Survey, PRC, Inc.

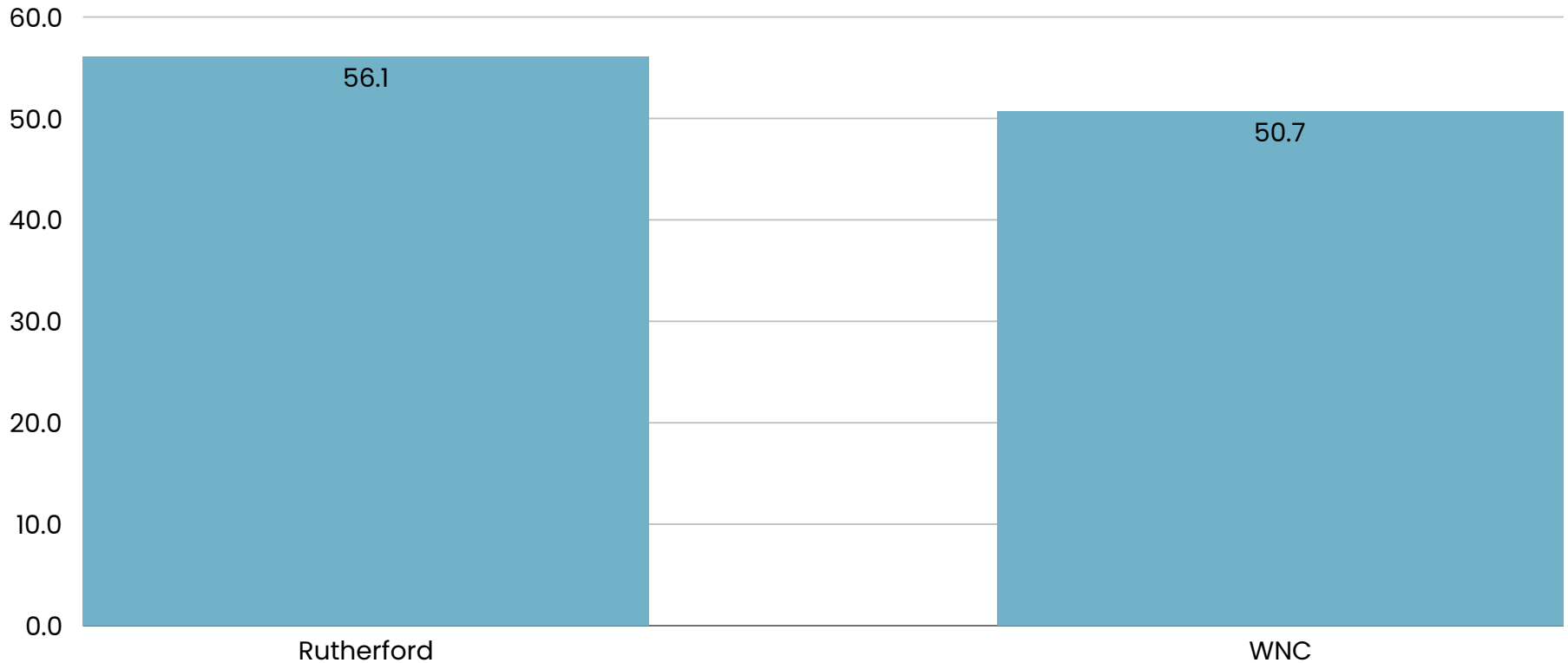
Notes: Asked of all respondents.  
Includes adults who A) ran out of food at least once in the past year and/or B) worried about running out of food in the past year.



# SUPPORT



# Feel Lonely “Often/Some of the Time/Occasionally” (By County, 2024)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 65]  
Notes: Asked of all respondents.





# CLIMATE

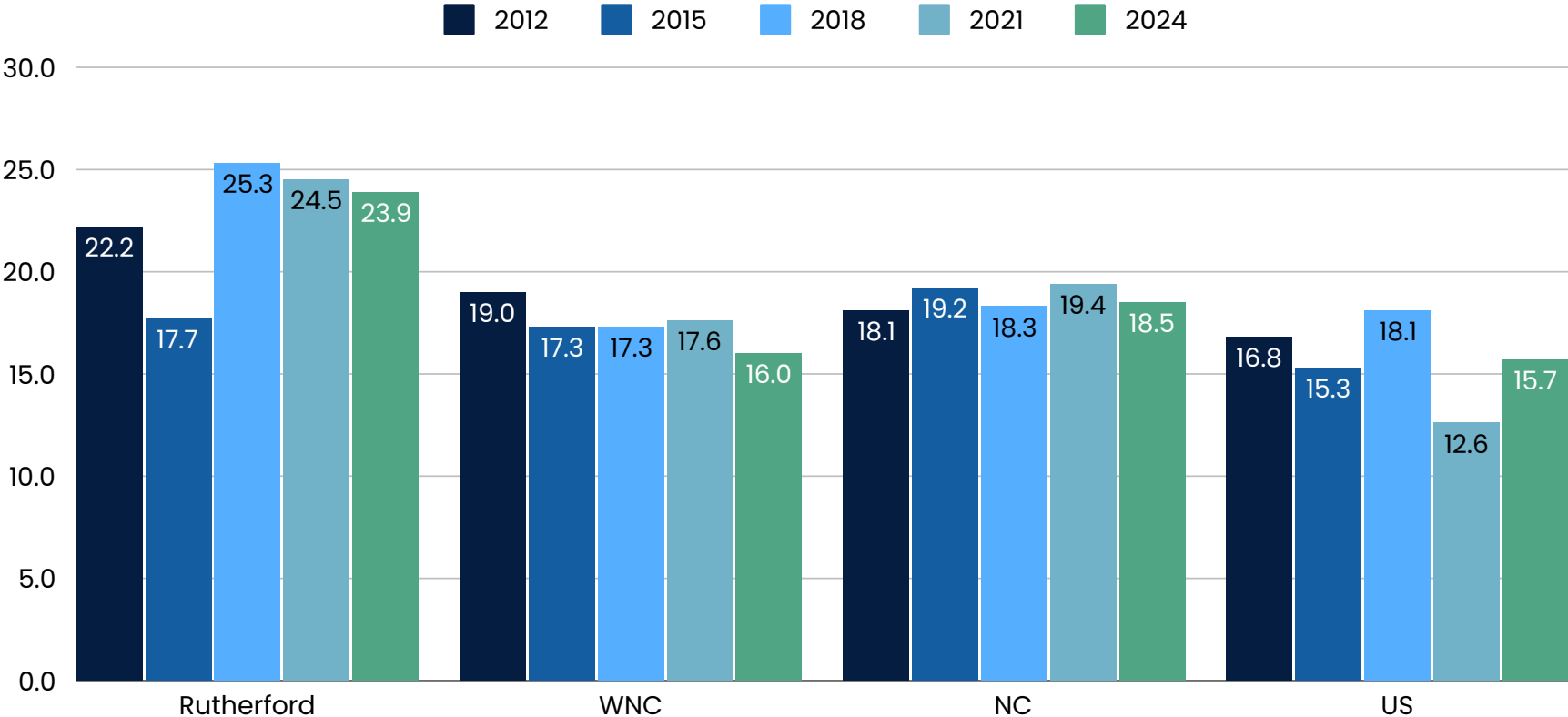


# SELF-REPORTED HEALTH STATUS



# OVERALL HEALTH

# Experience "Fair" or "Poor" Overall Health (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 6]  
 Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human  
 Services, Centers for Disease Control and Prevention (CDC): 2022 North Carolina data.  
 2023 PRC National Health Survey, PRC, Inc.

Notes: Asked of all respondents.



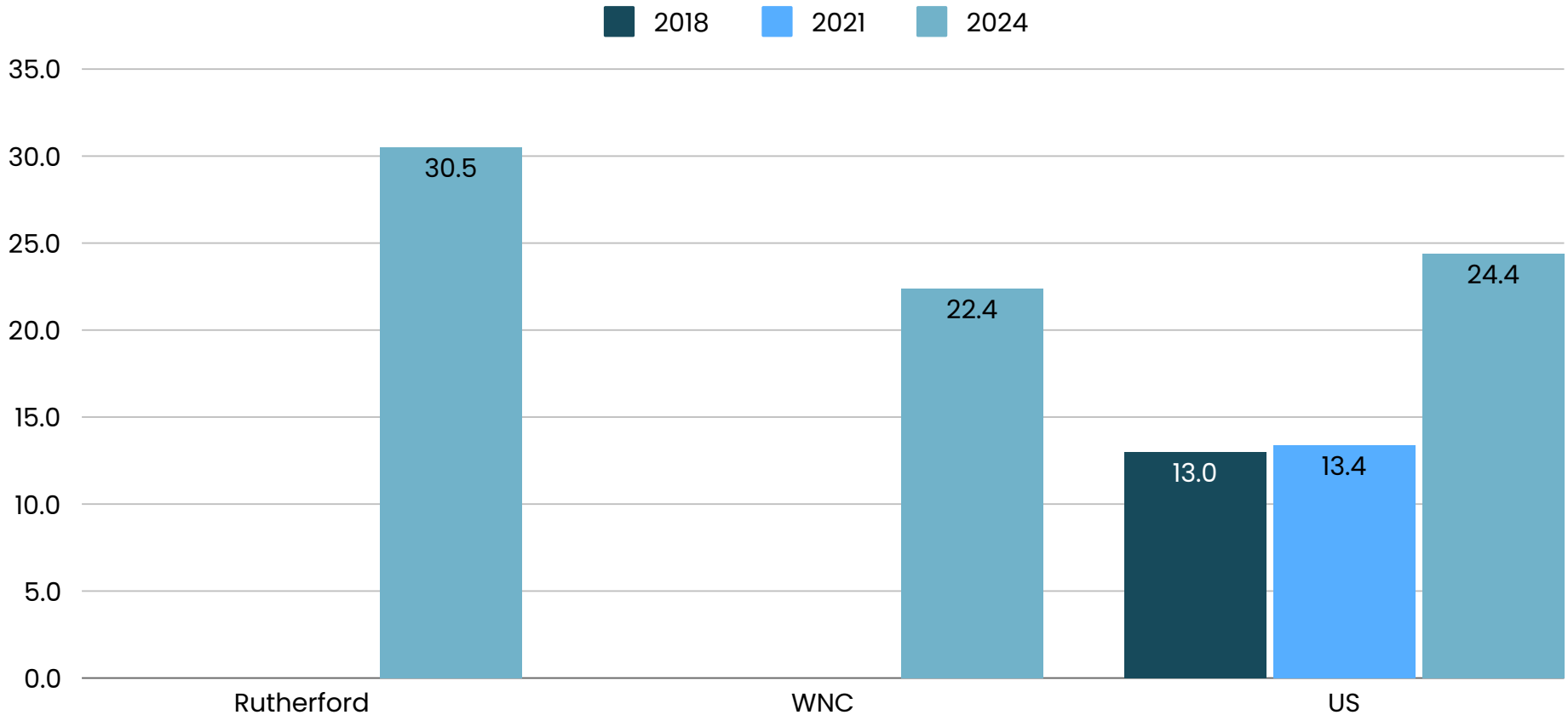


A photograph of a waterfall cascading over dark, layered rock formations. The water is captured with a long exposure, creating a soft, blurred effect. The scene is set in a natural, wooded environment with some green moss and small plants visible on the rocks.

# MENTAL HEALTH & MENTAL DISORDERS



# Experience "Fair" or "Poor" Mental Health (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 59]

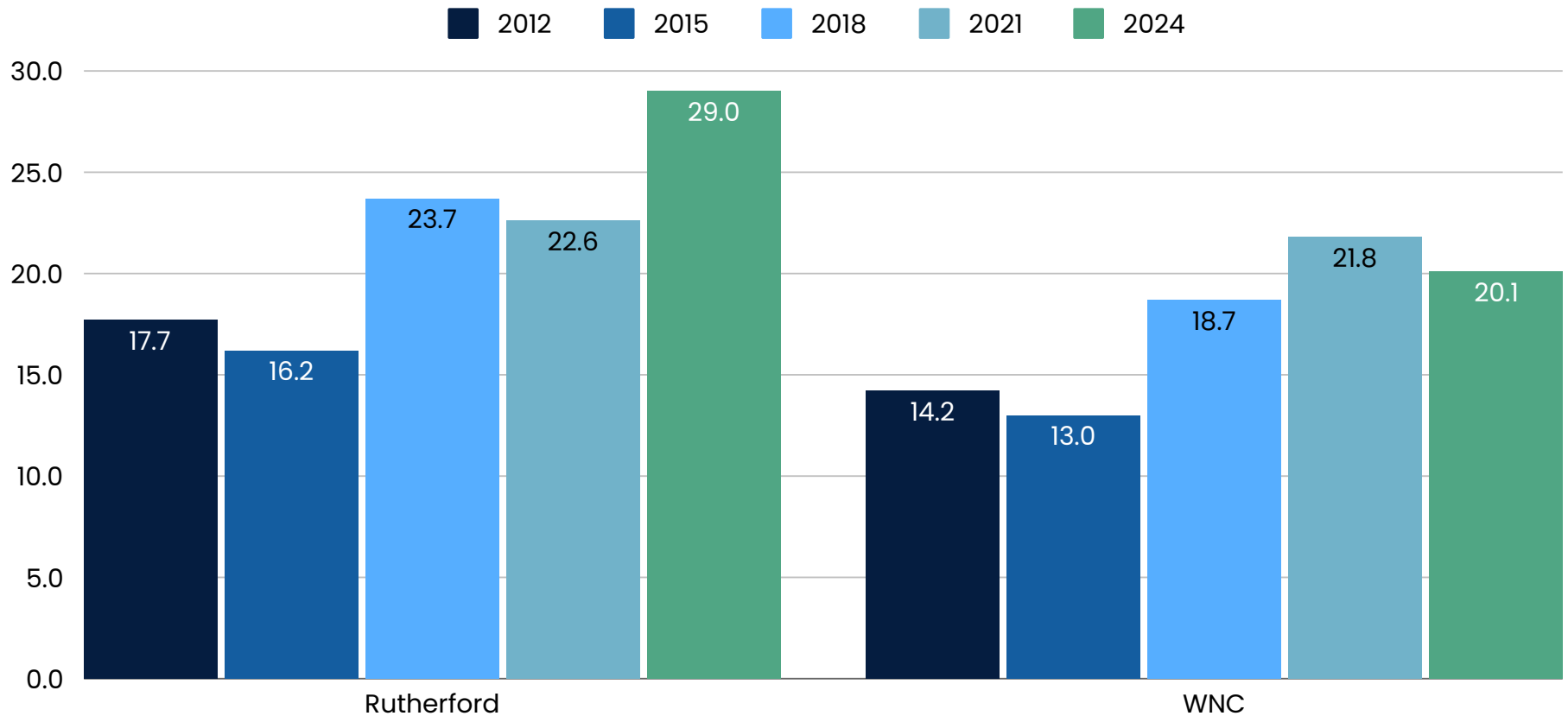
2023 PRC National Health Survey, PRC, Inc.

Notes: Asked of all respondents.

Only Jackson and Swain counties were tested previously.



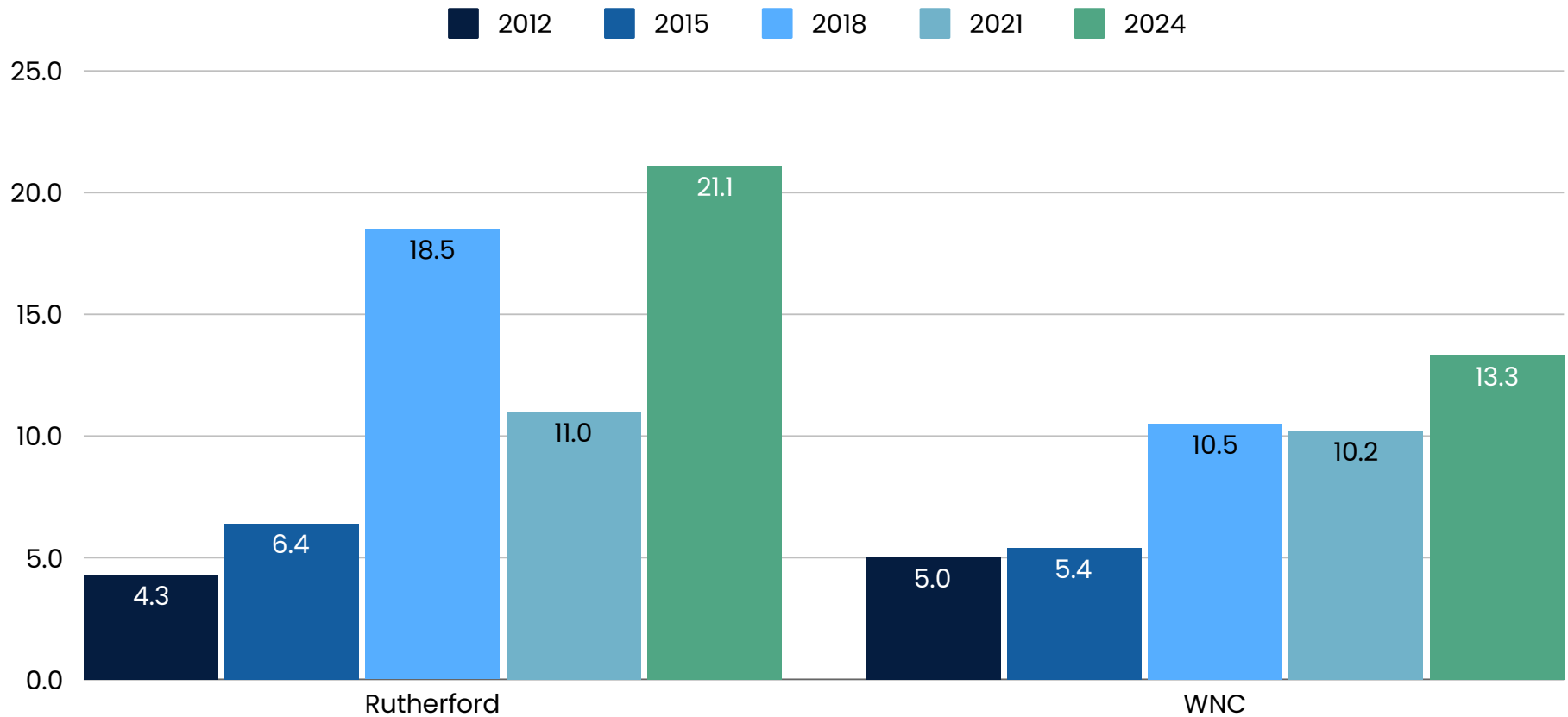
# More Than Seven Days of Poor Mental Health in the Past Month (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 60]

Notes: Asked of all respondents.

# Dissatisfied with Life (By County)



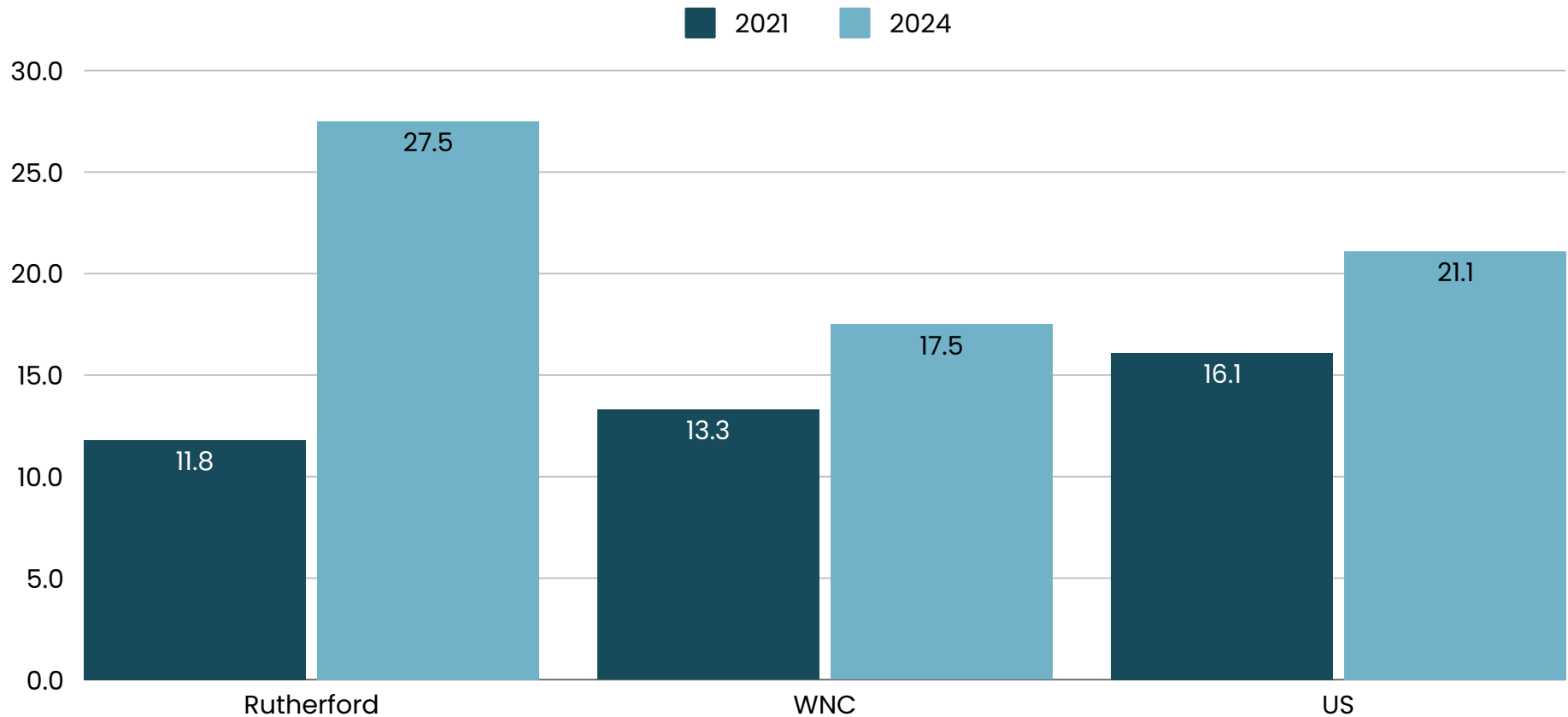
Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 58]

Notes: Asked of all respondents.

Includes "dissatisfied" and "very dissatisfied" responses.



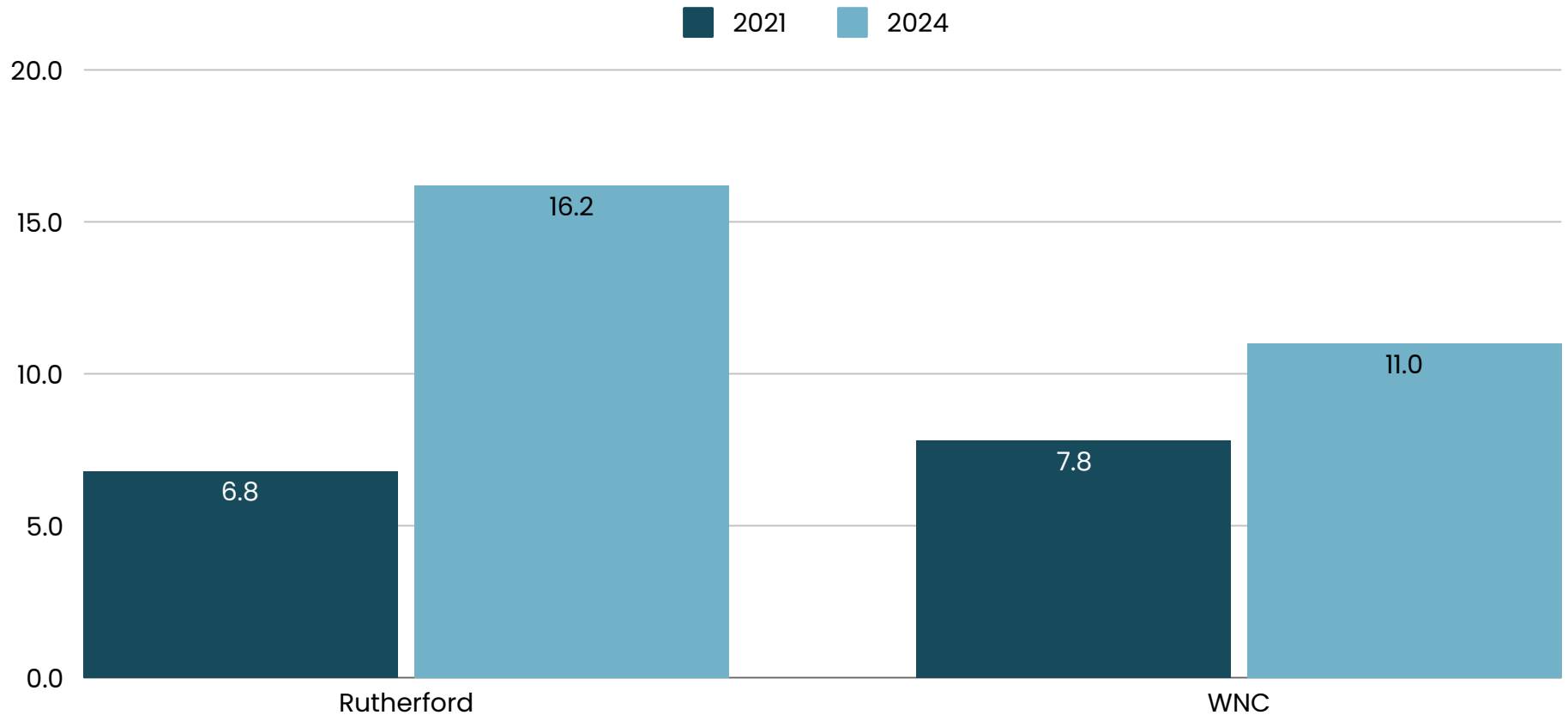
# Typical Day is “Extremely/Very Stressful” (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 61]  
2023 PRC National Health Survey, PRC, Inc.  
Notes: Asked of all respondents.



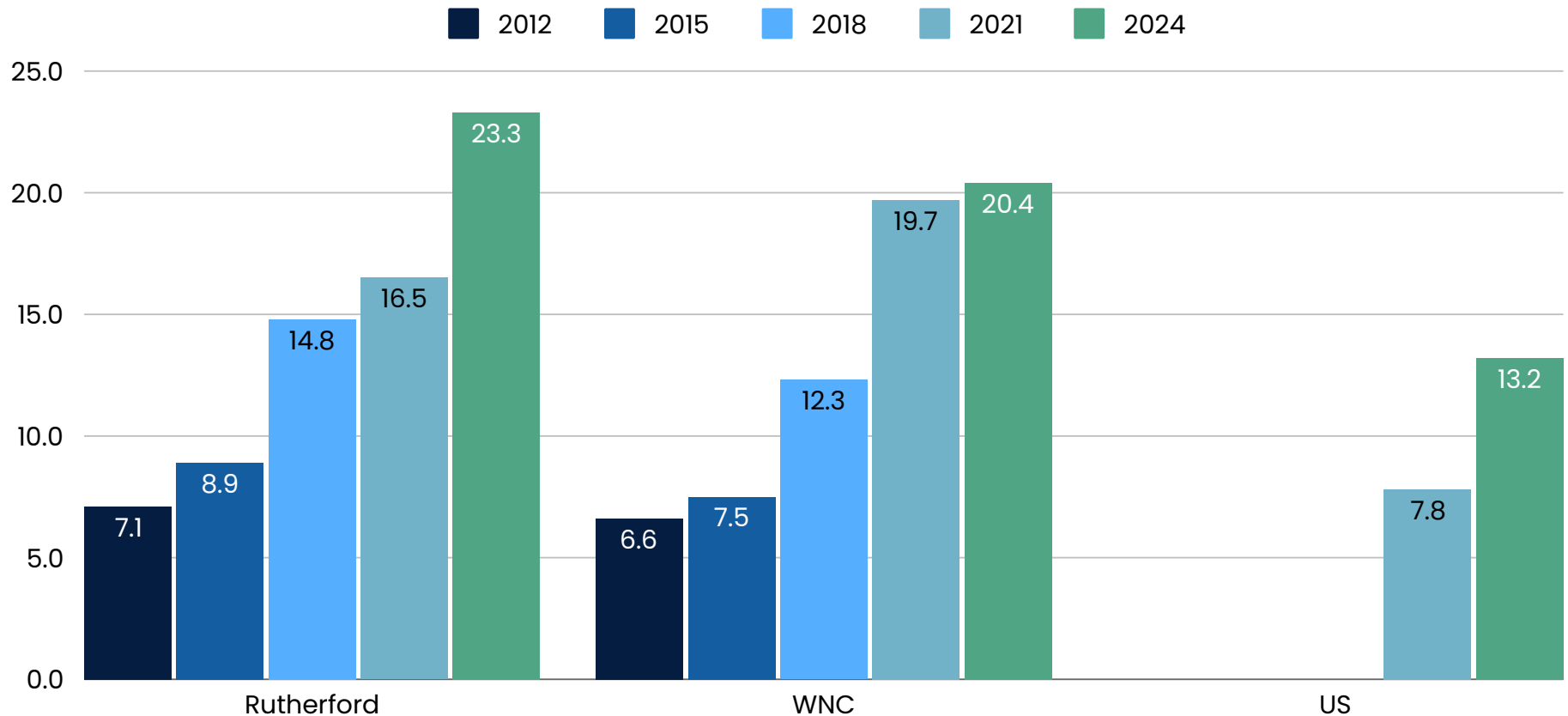
# Have Considered Suicide in the Past Year (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 66]  
Notes: Asked of all respondents.



# Unable to Get Mental Health Services When Needed in the Past Year (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 67]  
2023 PRC National Health Survey, PRC, Inc.  
Notes: Asked of all respondents.

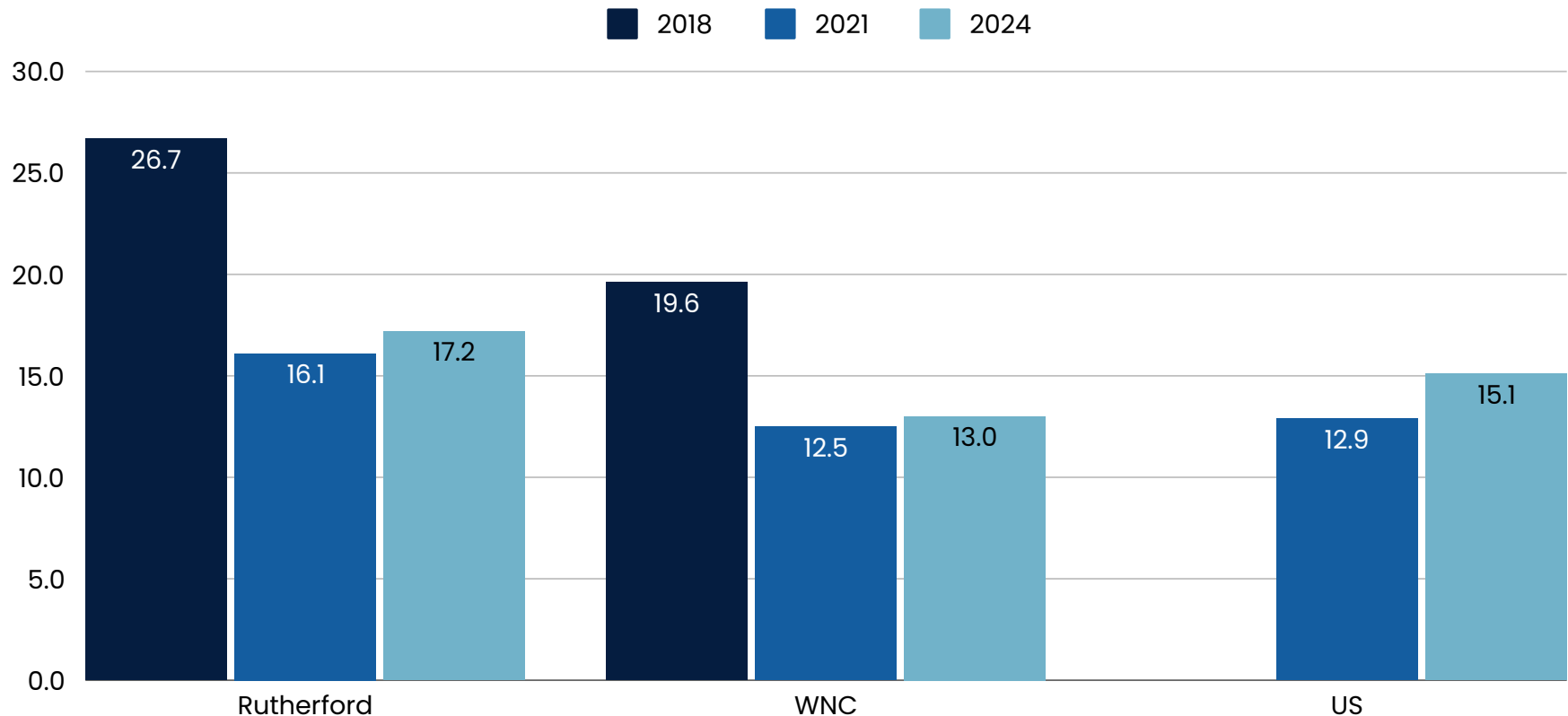




A horizontal banner image showing a sunset over a range of mountains. The sun is a bright yellow circle on the right side, partially obscured by a mountain peak. The sky is a gradient of orange and red, and the mountains are silhouetted in shades of grey and blue.

# SUBSTANCE USE

# Used a Prescription Opioid in the Past Year, With or Without a Prescription (By County)

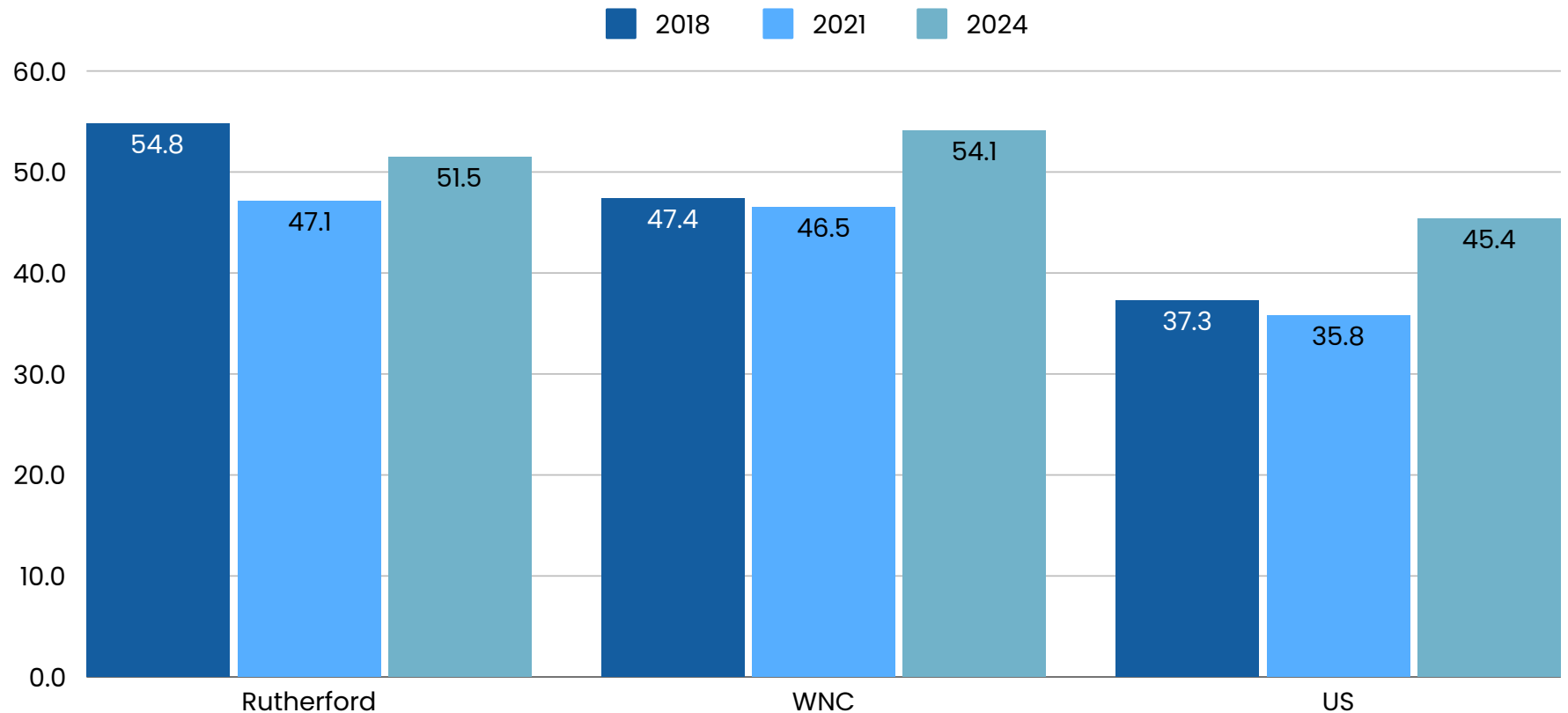


Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 23]  
2023 PRC National Health Survey, PRC, Inc.

Notes: Asked of all respondents.



# Life Has Been Negatively Affected by Substance Use (by Self or Someone Else) (By County)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 24]  
2023 PRC National Health Survey, PRC, Inc.  
Notes: Asked of all respondents.



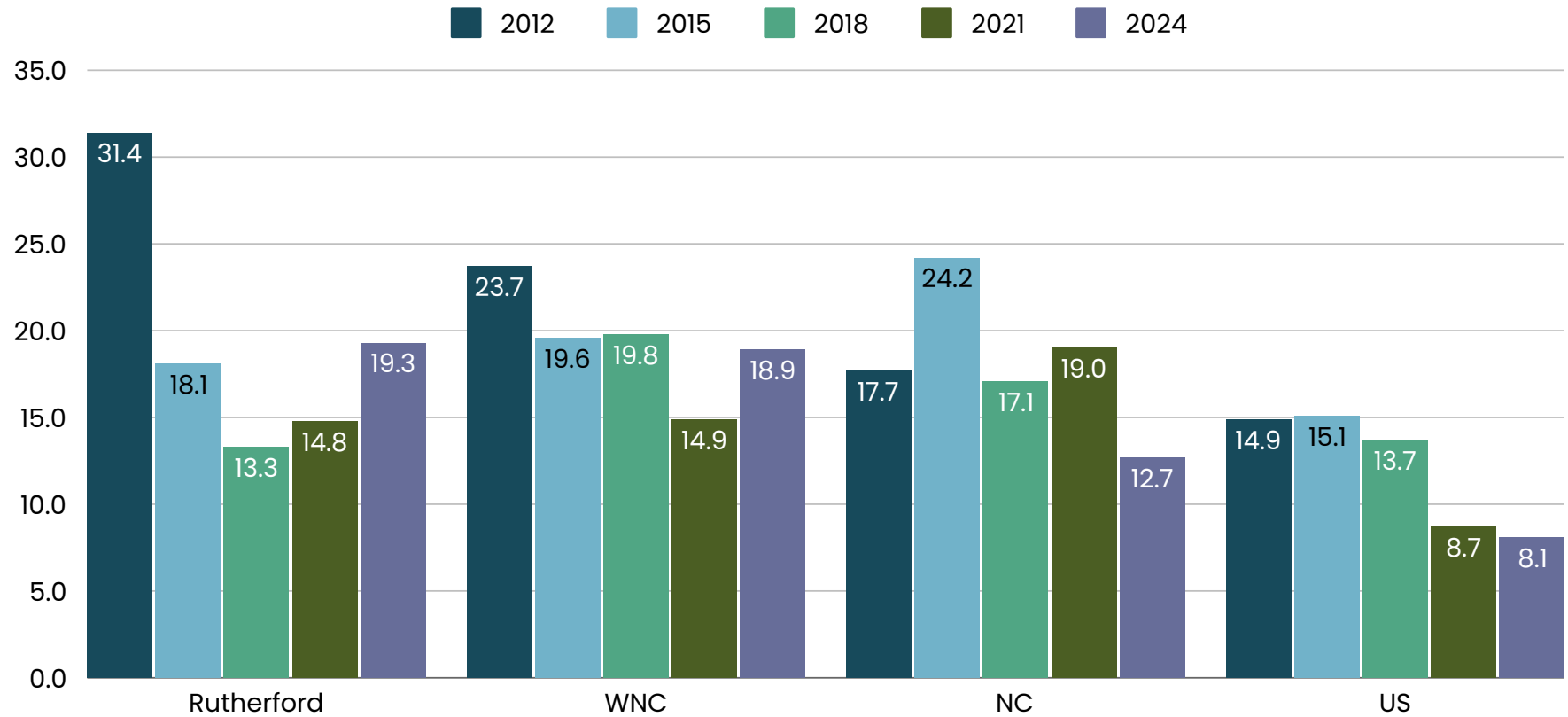


# ACCESS TO HEALTH CARE

# HEALTH INSURANCE COVERAGE

# Lack of Health Care Insurance Coverage (By County)

Healthy People 2030 Target = 7.6% or Lower



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 86]  
 Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia. United States Department of Health and Human Services,  
 Centers for Disease Control and Prevention (CDC): 2022 North Carolina data.  
 2023 PRC National Health Survey, PRC, Inc.  
 US Department of Health and Human Services. Healthy People 2030. <http://www.healthypeople.gov>.

Notes: Reflects all respondents under the age of 65.

Includes any type of insurance, such as traditional health insurance, prepaid plans such as HMOs, or government-sponsored coverage (e.g., Medicare, Medicaid, Indian Health Services, etc.).



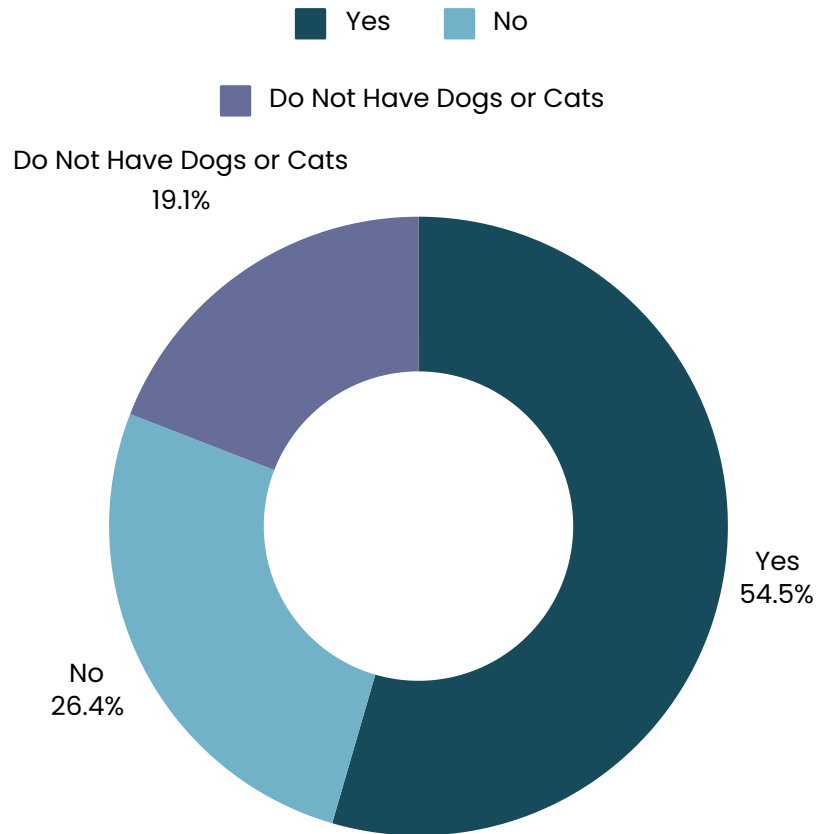




# COUNTY-SPECIFIC QUESTIONS

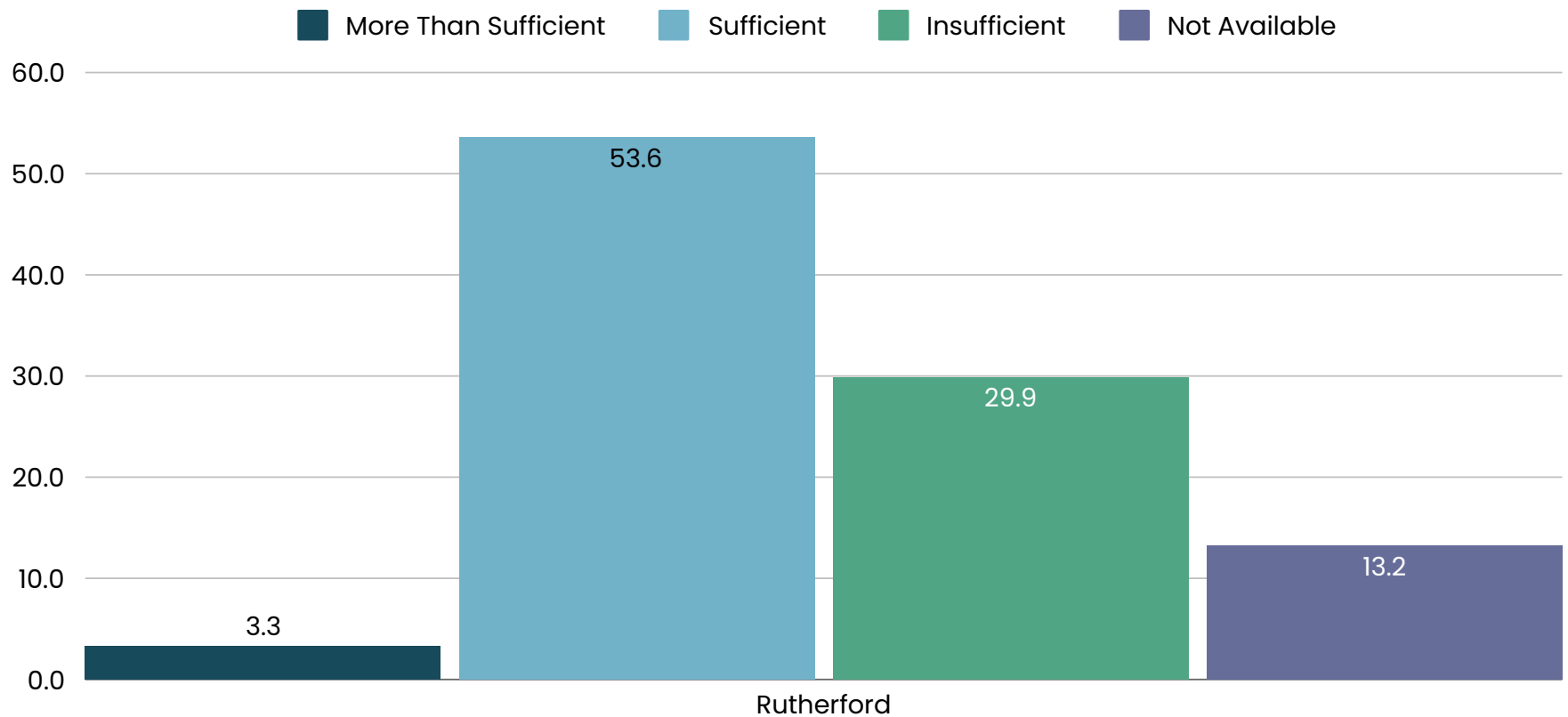


# Currently Own Any Dogs or Cats That are Not Microchipped (Rutherford County, 2024)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 328]  
Notes: Asked of all respondents.

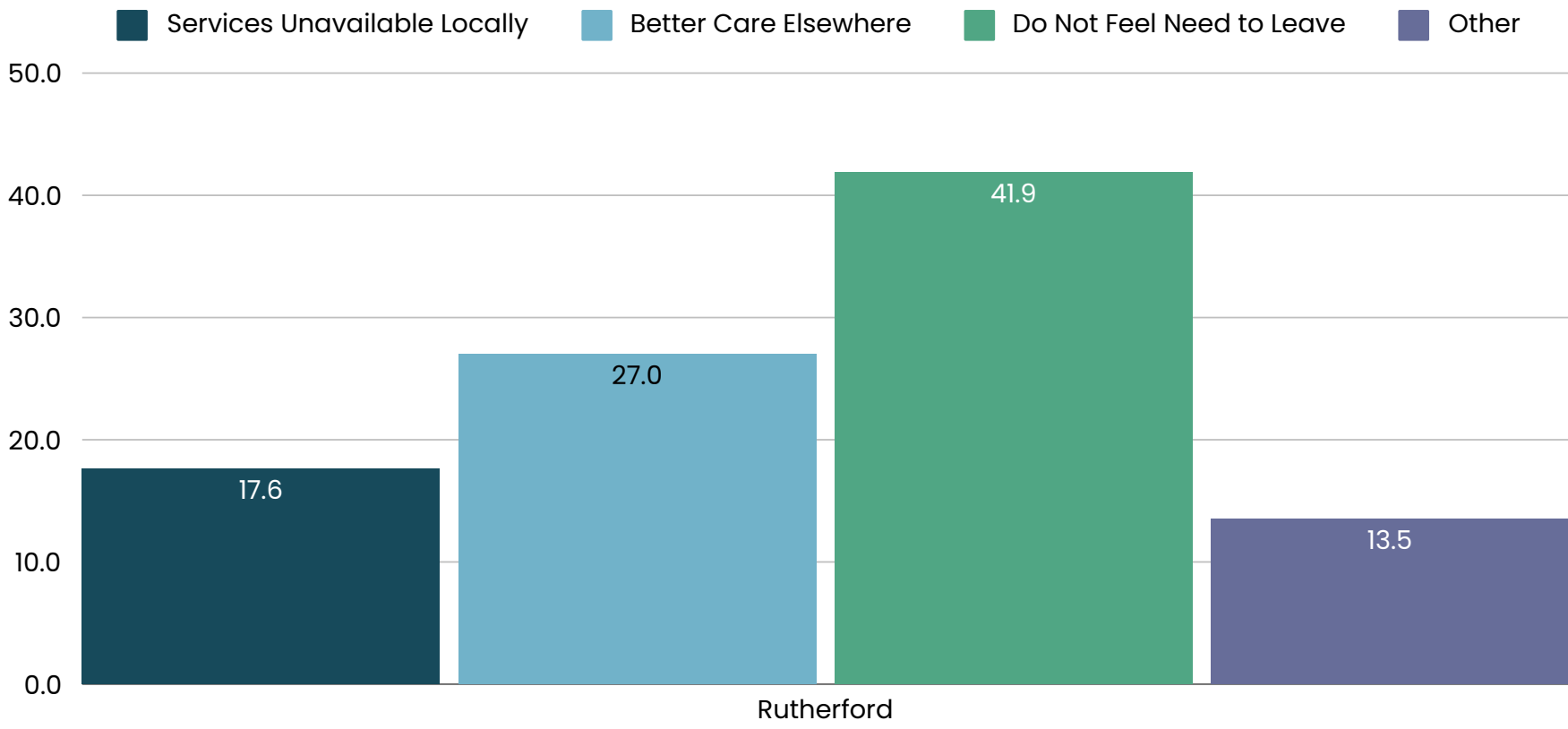
# Ratings of Local Resources for Chronic Diseases (Such as Diabetes, Heart Disease, and COPD) (By County, 2024)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 306]

Notes: Asked of all respondents.

# Main Reason for Leaving County for Medical Care (By County, 2024)



Sources: 2024 WNC Healthy Impact Community Health Survey, WNC Health Network, Inc. [Item 304]  
Notes: Asked of all respondents.





# KEY INFORMANT INPUT

# Rutherford County Key Informants: Relative Position of Health Topics as Problems in the Community

